

# Rialto Unified School District

Mar 1, 2023 thru Mar 3, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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|                                 | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 03/01/2023                |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| EL Classroom Breakfast #2       | Total        | 4950      |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| UBR - BRKFST CINN ROUND 2 020   | 1 EACH       | 4950      | 260         | 0           | 190       | 3.00      | 2.70      | 80.0      | 0          | 0.0        | 14         | 5.0       | 38.0     | 10.0      | 2.50      | 0.00                    |
| Juice, Orange, 4oz. Hollan-2018 | CARTONS      | 225       | 60          | 0           | 10        | 0.00      | 0.00      | 0.0       | 0          | 30.0       | 12         | 1.0       | 14.0     | 0.0       | 0.00      | 0.00                    |
| Juice, Orange, 4oz. Hollan-2018 | CARTONS      | 4950      | 60          | 0           | 10        | 0.00      | 0.00      | 0.0       | 0          | 30.0       | 12         | 1.0       | 14.0     | 0.0       | 0.00      | 0.00                    |
| MILK, 1% HOLLANDIA 2017         | 1 EACH       | 300       | 120         | 15          | 150       | 0.00      | 0.00      | 350.0     | 500        | 2.4        | 14         | 11.0      | 16.0     | 2.5       | 1.50      | 0.00                    |
| MILK, NF Chocolate HOLL. 2017   | 1 EACH       | 4650      | 110         | 2           | 135       | 0.00      | 0.72      | 250.0     | 500        | 0.0        | 18         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average          |              |           | 433         | 3           | 336       | 3.00      | 3.38      | 336.1     | 500        | 31.51      | 44         | 14.23     | 72.39    | 10.15     | 2.59      | 0.00                    |
| % of Calories                   |              |           |             |             |           |           |           |           |            |            | 40.9%      | 13.1%     | 66.8%    | 21.1%     | 5.4%      | 0.0%                    |
| Nutrient Guideline              |              |           | 350-500     |             | 540       |           |           |           |            |            |            |           |          |           | <10.00    |                         |

|                               |             |     |         |    |     |      |      |       |     |        |       |       |       |       |        |      |
|-------------------------------|-------------|-----|---------|----|-----|------|------|-------|-----|--------|-------|-------|-------|-------|--------|------|
| Thu - 03/02/2023              |             |     |         |    |     |      |      |       |     |        |       |       |       |       |        |      |
| EL Classroom Breakfast #2     | Total       | 100 |         |    |     |      |      |       |     |        |       |       |       |       |        |      |
| Waffles, Mini Maple 2017      | pkg         | 100 | 210     | 0  | 170 | 3.00 | 0.72 | 20.0  | 65  | 0.0    | 13    | 4.0   | 38.0  | 6.0   | 1.00   | 0.00 |
| APPLES, Fresh sliced 2017     | pkg. (3 oz) | 1   | 51      | 0  | 0   | 3.00 | 0.18 | 10.0  | 50  | 185.4  | 9     | 0.0   | 12.0  | 0.0   | 0.00   | 0.00 |
| APPLES, Fresh sliced 2017     | pkg. (3 oz) | 100 | 51      | 0  | 0   | 3.00 | 0.18 | 10.0  | 50  | 185.4  | 9     | 0.0   | 12.0  | 0.0   | 0.00   | 0.00 |
| MILK, 1% HOLLANDIA 2017       | 1 EACH      | 100 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4    | 14    | 11.0  | 16.0  | 2.5   | 1.50   | 0.00 |
| MILK, NF Chocolate HOLL. 2017 | 1 EACH      | 1   | 110     | 2  | 135 | 0.00 | 0.72 | 250.0 | 500 | 0.0    | 18    | 8.0   | 20.0  | 0.0   | 0.00   | 0.00 |
| Weighted Daily Average        |             |     | 383     | 15 | 321 | 6.03 | 0.91 | 382.6 | 620 | 189.65 | 36    | 15.08 | 66.32 | 8.50  | 2.50   | 0.00 |
| % of Calories                 |             |     |         |    |     |      |      |       |     |        | 37.9% | 15.8% | 69.3% | 20.0% | 5.9%   | 0.0% |
| Nutrient Guideline            |             |     | 350-500 |    | 540 |      |      |       |     |        |       |       |       |       | <10.00 |      |

|                               |          |     |         |    |     |      |      |       |     |      |       |       |       |       |        |       |
|-------------------------------|----------|-----|---------|----|-----|------|------|-------|-----|------|-------|-------|-------|-------|--------|-------|
| Fri - 03/03/2023              |          |     |         |    |     |      |      |       |     |      |       |       |       |       |        |       |
| EL Classroom Breakfast #2     | Total    | 100 |         |    |     |      |      |       |     |      |       |       |       |       |        |       |
| Cereal Bar, Trix 2019         | Package  | 100 | 150     | 0  | 100 | 3.00 | 1.80 | 250.0 | 100 | 1.2  | 9     | 2.0   | 30.0  | 3.0   | 0.50   | 0.00  |
| Craisins 2020                 | servings | 1   | 187     | 0  | 2   | 3.45 | 0.32 | 6.1   | 0   | 0.12 | 39    | 0.04  | 49.92 | 0.83  | 0.06   | *N/A* |
| Craisins 2020                 | servings | 100 | 187     | 0  | 2   | 3.45 | 0.32 | 6.1   | 0   | 0.12 | 39    | 0.04  | 49.92 | 0.83  | 0.06   | *N/A* |
| MILK, 1% HOLLANDIA 2017       | 1 EACH   | 100 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4  | 14    | 11.0  | 16.0  | 2.5   | 1.50   | 0.00  |
| MILK, NF Chocolate HOLL. 2017 | 1 EACH   | 1   | 110     | 2  | 135 | 0.00 | 0.72 | 250.0 | 500 | 0.0  | 18    | 8.0   | 20.0  | 0.0   | 0.00   | 0.00  |
| Weighted Daily Average        |          |     | 460     | 15 | 253 | 6.49 | 2.13 | 608.6 | 605 | 3.72 | 63    | 13.12 | 96.61 | 6.34  | 2.06   | *0.00 |
| % of Calories                 |          |     |         |    |     |      |      |       |     |      | 54.8% | 11.4% | 84.1% | 12.4% | 4.0%   | *0.0% |
| Nutrient Guideline            |          |     | 350-500 |    | 540 |      |      |       |     |      |       |       |       |       | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Mar 1, 2023 thru Mar 3, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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|                  | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calc<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | T-Fat<br>(g) | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|------------------|-----------------|--------------|----------------|----------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|--------------|-------------|--------------|--------------|----------------------------|
| Weighted Average |                 |              | 425            | 11             | 304          | 5.17         | 2.14         | 442.4        | 575           | 74.96         | 48            | 14.14        | 78.44       | 8.33         | 2.38         | *0.00                      |
|                  |                 |              |                |                |              |              |              |              |               |               | 101.3%        | 13.3%        | 73.8%       | 17.6%        | 5.0%         | *0.0%                      |

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Calories                   | 425      |           | 350 - 500     | 100%        |           |           |         |                         |
| Cholesterol (mg)           | 11       |           |               |             |           |           |         |                         |
| Sodium (mg)                | 304      |           | 540           |             |           |           |         |                         |
| Fiber (g)                  | 5.17     |           |               |             |           |           |         |                         |
| Iron (mg)                  | 2.14     |           |               |             |           |           |         |                         |
| Calcium (mg)               | 442.4    |           |               |             |           |           |         |                         |
| Vitamin A (IU)             | 575      |           |               |             |           |           |         |                         |
| Sugars (g)                 | 48       | 45.01%    |               |             |           |           |         |                         |
| Vitamin C (mg)             | 74.96    |           |               |             |           |           |         |                         |
| Protein (g)                | 14.14    | 13.30%    |               |             |           |           |         |                         |
| Carbohydrate (g)           | 78.44    | 73.80%    |               |             |           |           |         |                         |
| Total Fat (g)              | 8.33     | 17.63%    |               |             |           |           |         |                         |
| Saturated Fat (g)          | 2.38     | 5.05%     | <10.00%       |             |           |           |         |                         |
| Trans Fat <sup>1</sup> (g) | 0.00     | 0.00%     |               |             | Missing   |           |         |                         |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Mar 6, 2023 thru Mar 10, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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|                                 | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat' (g) |
|---------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------|
| Mon - 03/06/2023                |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |             |
| EL Classroom Breakfast #2       | Total        | 4950      |             |             |           |           |           |           |            |            |            |           |          |           |           |             |
| Pan Dulce, Whole Wheat-2013     | 1 each       | 4950      | 220         | 10          | 200       | 2.00      | 1.80      | 0.0       | 0          | 0.0        | *N/A*      | 5.0       | 34.0     | 7.0       | 2.50      | 0.00        |
| Juice, Orange, 4oz. Hollan-2018 | CARTONS      | 225       | 60          | 0           | 10        | 0.00      | 0.00      | 0.0       | 0          | 30.0       | 12         | 1.0       | 14.0     | 0.0       | 0.00      | 0.00        |
| Juice, Orange, 4oz. Hollan-2018 | CARTONS      | 4950      | 60          | 0           | 10        | 0.00      | 0.00      | 0.0       | 0          | 30.0       | 12         | 1.0       | 14.0     | 0.0       | 0.00      | 0.00        |
| MILK, 1% HOLLANDIA 2017         | 1 EACH       | 300       | 120         | 15          | 150       | 0.00      | 0.00      | 350.0     | 500        | 2.4        | 14         | 11.0      | 16.0     | 2.5       | 1.50      | 0.00        |
| MILK, NF Chocolate HOLL. 2017   | 1 EACH       | 4650      | 110         | 2           | 135       | 0.00      | 0.72      | 250.0     | 500        | 0.0        | 18         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00        |
| Weighted Daily Average          |              |           | 393         | 13          | 346       | 2.00      | 2.48      | 256.1     | 500        | 31.51      | *30        | 14.23     | 68.39    | 7.15      | 2.59      | 0.00        |
| % of Calories                   |              |           |             |             |           |           |           |           |            |            | *30.8%     | 14.5%     | 69.6%    | 16.4%     | 5.9%      | 0.0%        |
| Nutrient Guideline              |              |           | 350-500     |             | 540       |           |           |           |            |            |            |           |          |           | <10.00    |             |

|                               |         |     |         |    |     |      |      |       |      |       |       |       |       |       |        |       |
|-------------------------------|---------|-----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|-------|--------|-------|
| Tue - 03/07/2023              |         |     |         |    |     |      |      |       |      |       |       |       |       |       |        |       |
| EL Classroom Breakfast #2     | Total   | 100 |         |    |     |      |      |       |      |       |       |       |       |       |        |       |
| CEREAL, LUCKY CHARMS '23      | BOWL    | 100 | 218     | 0  | 358 | 3.36 | 3.02 | 84.0  | 420  | 5.04  | 18    | 4.48  | 46.48 | 2.24  | 0.00   | 0.00  |
| GRAPES, Fresh                 | serving | 1   | 62      | 0  | 2   | 0.83 | 0.27 | 12.9  | 92   | 3.68  | 15    | 0.58  | 15.78 | 0.32  | 0.10   | *N/A* |
| GRAPES, Fresh                 | serving | 100 | 62      | 0  | 2   | 0.83 | 0.27 | 12.9  | 92   | 3.68  | 15    | 0.58  | 15.78 | 0.32  | 0.10   | *N/A* |
| MILK, 1% HOLLANDIA 2017       | 1 EACH  | 100 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500  | 2.4   | 14    | 11.0  | 16.0  | 2.5   | 1.50   | 0.00  |
| MILK, NF Chocolate HOLL. 2017 | 1 EACH  | 1   | 110     | 2  | 135 | 0.00 | 0.72 | 250.0 | 500  | 0.0   | 18    | 8.0   | 20.0  | 0.0   | 0.00   | 0.00  |
| Weighted Daily Average        |         |     | 402     | 15 | 512 | 4.20 | 3.30 | 449.5 | 1018 | 11.16 | 48    | 16.14 | 78.62 | 5.06  | 1.60   | *0.00 |
| % of Calories                 |         |     |         |    |     |      |      |       |      |       | 47.6% | 16.1% | 78.3% | 11.3% | 3.6%   | *0.0% |
| Nutrient Guideline            |         |     | 350-500 |    | 540 |      |      |       |      |       |       |       |       |       | <10.00 |       |

|                               |        |      |         |    |     |      |      |       |     |      |       |       |       |       |        |      |
|-------------------------------|--------|------|---------|----|-----|------|------|-------|-----|------|-------|-------|-------|-------|--------|------|
| Wed - 03/08/2023              |        |      |         |    |     |      |      |       |     |      |       |       |       |       |        |      |
| EL Classroom Breakfast #2     | Total  | 4950 |         |    |     |      |      |       |     |      |       |       |       |       |        |      |
| Cinnis, Mini 2.29oz 2017      | pkg    | 4950 | 240     | 0  | 270 | 2.00 | 1.44 | 40.0  | 75  | 0.0  | 15    | 5.0   | 39.0  | 7.0   | 1.50   | 0.00 |
| Crisps, Apple-Strawberry '22  | BAG    | 225  | 39      | 0  | 0   | 1.93 | 0.00 | 0.0   | 0   | 0.0  | 7     | 0.0   | 9.64  | 0.0   | 0.00   | 0.00 |
| Crisps, Apple-Strawberry '22  | BAG    | 4950 | 39      | 0  | 0   | 1.93 | 0.00 | 0.0   | 0   | 0.0  | 7     | 0.0   | 9.64  | 0.0   | 0.00   | 0.00 |
| MILK, 1% HOLLANDIA 2017       | 1 EACH | 300  | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4  | 14    | 11.0  | 16.0  | 2.5   | 1.50   | 0.00 |
| MILK, NF Chocolate HOLL. 2017 | 1 EACH | 4650 | 110     | 2  | 135 | 0.00 | 0.72 | 250.0 | 500 | 0.0  | 18    | 8.0   | 20.0  | 0.0   | 0.00   | 0.00 |
| Weighted Daily Average        |        |      | 391     | 3  | 406 | 4.02 | 2.12 | 296.1 | 575 | 0.15 | 40    | 13.18 | 68.83 | 7.15  | 1.59   | 0.00 |
| % of Calories                 |        |      |         |    |     |      |      |       |     |      | 40.7% | 13.5% | 70.4% | 16.5% | 3.7%   | 0.0% |
| Nutrient Guideline            |        |      | 350-500 |    | 540 |      |      |       |     |      |       |       |       |       | <10.00 |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Rialto Unified School District

Mar 6, 2023 thru Mar 10, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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|                           | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 03/09/2023          |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| EL Classroom Breakfast #2 | Total        | 1         |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| HOLIDAY                   | SERVING      | 1         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0       | 0          | 0.0        | 0          | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average    |              |           | 0           | 0           | 0         | 0.00      | 0.00      | 0.0       | 0          | 0.00       | 0          | 0.00      | 0.00     | 0.00      | 0.00      | 0.00                    |
| % of Calories             |              |           |             |             |           |           |           |           |            |            | 0.0%       | 0.0%      | 0.0%     | 0.0%      | 0.0%      | 0.0%                    |
| Nutrient Guideline        |              |           | 350-500     |             | 540       |           |           |           |            |            |            |           |          |           | <10.00    |                         |

|                           |         |   |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
|---------------------------|---------|---|---------|---|-----|------|------|-----|---|------|------|------|------|------|--------|------|
| Fri - 03/10/2023          |         |   |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
| EL Classroom Breakfast #2 | Total   | 1 |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
| HOLIDAY                   | SERVING | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average    |         |   | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0    | 0.00 | 0.00 | 0.00 | 0.00   | 0.00 |
| % of Calories             |         |   |         |   |     |      |      |     |   |      | 0.0% | 0.0% | 0.0% | 0.0% | 0.0%   | 0.0% |
| Nutrient Guideline        |         |   | 350-500 |   | 540 |      |      |     |   |      |      |      |      |      | <10.00 |      |

|                  |  |  |     |    |     |      |      |       |     |       |               |                |                |               |              |                |
|------------------|--|--|-----|----|-----|------|------|-------|-----|-------|---------------|----------------|----------------|---------------|--------------|----------------|
| Weighted Average |  |  | 395 | 10 | 421 | 3.40 | 2.63 | 333.9 | 698 | 14.27 | *39<br>*89.4% | 14.52<br>14.7% | 71.95<br>72.8% | 6.46<br>14.7% | 1.93<br>4.4% | *0.00<br>*0.0% |
|------------------|--|--|-----|----|-----|------|------|-------|-----|-------|---------------|----------------|----------------|---------------|--------------|----------------|

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Calories                   | 395      |           | 350 - 500     | 100%        |           |           |         |                         |
| Cholesterol (mg)           | 10       |           |               |             |           |           |         |                         |
| Sodium (mg)                | 421      |           | 540           |             |           |           |         |                         |
| Fiber (g)                  | 3.40     |           |               |             |           |           |         |                         |
| Iron (mg)                  | 2.63     |           |               |             |           |           |         |                         |
| Calcium (mg)               | 333.9    |           |               |             |           |           |         |                         |
| Vitamin A (IU)             | 698      |           |               |             |           |           |         |                         |
| Sugars (g)                 | 39       | 39.76%    |               |             | Missing   |           |         |                         |
| Vitamin C (mg)             | 14.27    |           |               |             |           |           |         |                         |
| Protein (g)                | 14.52    | 14.69%    |               |             |           |           |         |                         |
| Carbohydrate (g)           | 71.95    | 72.80%    |               |             |           |           |         |                         |
| Total Fat (g)              | 6.46     | 14.70%    |               |             |           |           |         |                         |
| Saturated Fat (g)          | 1.93     | 4.39%     | <10.00%       |             |           |           |         |                         |
| Trans Fat <sup>1</sup> (g) | 0.00     | 0.00%     |               |             | Missing   |           |         |                         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Mar 13, 2023 thru Mar 17, 2023

## Base Menu Spreadsheet

EL Classroom Breakfast #2

## Portion Values - Detailed

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|                           | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calc<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | T-Fat<br>(g) | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|---------------------------|-----------------|--------------|----------------|----------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|--------------|-------------|--------------|--------------|----------------------------|
| Mon - 03/13/2023          |                 |              |                |                |              |              |              |              |               |               |               |              |             |              |              |                            |
| EL Classroom Breakfast #2 | Total           | 1            |                |                |              |              |              |              |               |               |               |              |             |              |              |                            |
| HOLIDAY                   | SERVING         | 1            | 0              | 0              | 0            | 0.00         | 0.00         | 0.0          | 0             | 0.0           | 0             | 0.0          | 0.0         | 0.0          | 0.00         | 0.00                       |
| Weighted Daily Average    |                 |              | 0              | 0              | 0            | 0.00         | 0.00         | 0.0          | 0             | 0.00          | 0             | 0.00         | 0.00        | 0.00         | 0.00         | 0.00                       |
| % of Calories             |                 |              |                |                |              |              |              |              |               |               | 0.0%          | 0.0%         | 0.0%        | 0.0%         | 0.0%         | 0.0%                       |
| Nutrient Guideline        |                 |              | 350-500        |                | 540          |              |              |              |               |               |               |              |             |              | <10.00       |                            |

|                           |         |   |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
|---------------------------|---------|---|---------|---|-----|------|------|-----|---|------|------|------|------|------|--------|------|
| Tue - 03/14/2023          |         |   |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
| EL Classroom Breakfast #2 | Total   | 1 |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
| HOLIDAY                   | SERVING | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average    |         |   | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0    | 0.00 | 0.00 | 0.00 | 0.00   | 0.00 |
| % of Calories             |         |   |         |   |     |      |      |     |   |      | 0.0% | 0.0% | 0.0% | 0.0% | 0.0%   | 0.0% |
| Nutrient Guideline        |         |   | 350-500 |   | 540 |      |      |     |   |      |      |      |      |      | <10.00 |      |

|                           |         |   |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
|---------------------------|---------|---|---------|---|-----|------|------|-----|---|------|------|------|------|------|--------|------|
| Wed - 03/15/2023          |         |   |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
| EL Classroom Breakfast #2 | Total   | 1 |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
| HOLIDAY                   | SERVING | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average    |         |   | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0    | 0.00 | 0.00 | 0.00 | 0.00   | 0.00 |
| % of Calories             |         |   |         |   |     |      |      |     |   |      | 0.0% | 0.0% | 0.0% | 0.0% | 0.0%   | 0.0% |
| Nutrient Guideline        |         |   | 350-500 |   | 540 |      |      |     |   |      |      |      |      |      | <10.00 |      |

|                           |         |   |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
|---------------------------|---------|---|---------|---|-----|------|------|-----|---|------|------|------|------|------|--------|------|
| Thu - 03/16/2023          |         |   |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
| EL Classroom Breakfast #2 | Total   | 1 |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
| HOLIDAY                   | SERVING | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average    |         |   | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0    | 0.00 | 0.00 | 0.00 | 0.00   | 0.00 |
| % of Calories             |         |   |         |   |     |      |      |     |   |      | 0.0% | 0.0% | 0.0% | 0.0% | 0.0%   | 0.0% |
| Nutrient Guideline        |         |   | 350-500 |   | 540 |      |      |     |   |      |      |      |      |      | <10.00 |      |

|                           |         |   |   |   |   |      |      |     |   |     |   |     |     |     |      |      |
|---------------------------|---------|---|---|---|---|------|------|-----|---|-----|---|-----|-----|-----|------|------|
| Fri - 03/17/2023          |         |   |   |   |   |      |      |     |   |     |   |     |     |     |      |      |
| EL Classroom Breakfast #2 | Total   | 1 |   |   |   |      |      |     |   |     |   |     |     |     |      |      |
| HOLIDAY                   | SERVING | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Mar 13, 2023 thru Mar 17, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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|                                      | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcium (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|--------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Weighted Daily Average % of Calories |              |           | 0           | 0           | 0         | 0.00      | 0.00      | 0.0          | 0          | 0.00       | 0          | 0.00      | 0.00     | 0.00      | 0.00      | 0.00                    |
| Nutrient Guideline                   |              |           | 350-500     |             | 540       |           |           |              |            |            | 0.0%       | 0.0%      | 0.0%     | 0.0%      | 0.0%      | <10.00                  |

|                  |  |  |   |   |   |      |      |     |   |      |      |      |      |      |      |      |
|------------------|--|--|---|---|---|------|------|-----|---|------|------|------|------|------|------|------|
| Weighted Average |  |  | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0    | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
|                  |  |  |   |   |   |      |      |     |   |      | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% |

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any)                |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|----------------------------------------|
| Calories                   | 0        |           | 350 - 500     | 0%          |           | 350       |         | Correction Required - Calories are Low |
| Cholesterol (mg)           | 0        |           |               |             |           |           |         |                                        |
| Sodium (mg)                | 0        |           | 540           |             |           |           |         |                                        |
| Fiber (g)                  | 0.00     |           |               |             |           |           |         |                                        |
| Iron (mg)                  | 0.00     |           |               |             |           |           |         |                                        |
| Calcium (mg)               | 0.0      |           |               |             |           |           |         |                                        |
| Vitamin A (IU)             | 0        |           |               |             |           |           |         |                                        |
| Sugars (g)                 | 0        |           |               |             |           |           |         |                                        |
| Vitamin C (mg)             | 0.00     |           |               |             |           |           |         |                                        |
| Protein (g)                | 0.00     |           |               |             |           |           |         |                                        |
| Carbohydrate (g)           | 0.00     |           |               |             |           |           |         |                                        |
| Total Fat (g)              | 0.00     |           |               |             |           |           |         |                                        |
| Saturated Fat (g)          | 0.00     |           | <10.00%       |             |           |           |         |                                        |
| Trans Fat <sup>1</sup> (g) | 0.00     |           |               |             |           |           |         |                                        |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

## Base Menu Spreadsheet

## EL Classroom Breakfast #2

### Portion Values - Detailed

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|                             | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat* (g) |
|-----------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------|
| Mon - 03/20/2023            |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |             |
| EL Classroom Breakfast #2   | Total        | 100       |             |             |           |           |           |           |            |            |            |           |          |           |           |             |
| FRENCH TOAST Mini Berry '22 | SERV         | 100       | 210         | 0           | 190       | 2.00      | 1.44      | 59.9      | 0          | 0.0        | 11         | 3.99      | 35.92    | 6.99      | 1.00      | 0.00        |
| Craisins 2020               | servings     | 1         | 187         | 0           | 2         | 3.45      | 0.32      | 6.1       | 0          | 0.12       | 39         | 0.04      | 49.92    | 0.83      | 0.06      | *N/A*       |
| Craisins 2020               | servings     | 100       | 187         | 0           | 2         | 3.45      | 0.32      | 6.1       | 0          | 0.12       | 39         | 0.04      | 49.92    | 0.83      | 0.06      | *N/A*       |
| MILK,1% HOLLANDIA 2017      | 1 EACH       | 100       | 120         | 15          | 150       | 0.00      | 0.00      | 350.0     | 500        | 2.4        | 14         | 11.0      | 16.0     | 2.5       | 1.50      | 0.00        |
| MILK,NF Chocolate HOLL.2017 | 1 EACH       | 1         | 110         | 2           | 135       | 0.00      | 0.72      | 250.0     | 500        | 0.0        | 18         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00        |
| Weighted Daily Average      |              |           | 519         | 15          | 343       | 5.49      | 1.77      | 418.5     | 505        | 2.52       | 65         | 15.11     | 102.54   | 10.32     | 2.56      | *0.00       |
| % of Calories               |              |           |             |             |           |           |           |           |            |            | 50.0%      | 11.6%     | 79.0%    | 17.9%     | 4.4%      | *0.0%       |
| Nutrient Guideline          |              |           | 350-500     |             | 540       |           |           |           |            |            |            |           |          |           | <10.00    |             |

|                             |             |     |         |    |     |      |      |       |     |        |       |       |       |       |        |      |
|-----------------------------|-------------|-----|---------|----|-----|------|------|-------|-----|--------|-------|-------|-------|-------|--------|------|
| Tue - 03/21/2023            |             |     |         |    |     |      |      |       |     |        |       |       |       |       |        |      |
| EL Classroom Breakfast #2   | Total       | 100 |         |    |     |      |      |       |     |        |       |       |       |       |        |      |
| FRENCH TOAST Mini Berry '22 | SERV        | 100 | 210     | 0  | 190 | 2.00 | 1.44 | 59.9  | 0   | 0.0    | 11    | 3.99  | 35.92 | 6.99  | 1.00   | 0.00 |
| APPLES,Fresh sliced 2017    | pkg. (3 oz) | 1   | 51      | 0  | 0   | 3.00 | 0.18 | 10.0  | 50  | 185.4  | 9     | 0.0   | 12.0  | 0.0   | 0.00   | 0.00 |
| APPLES,Fresh sliced 2017    | pkg. (3 oz) | 100 | 51      | 0  | 0   | 3.00 | 0.18 | 10.0  | 50  | 185.4  | 9     | 0.0   | 12.0  | 0.0   | 0.00   | 0.00 |
| MILK,1% HOLLANDIA 2017      | 1 EACH      | 100 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4    | 14    | 11.0  | 16.0  | 2.5   | 1.50   | 0.00 |
| MILK,NF Chocolate HOLL.2017 | 1 EACH      | 1   | 110     | 2  | 135 | 0.00 | 0.72 | 250.0 | 500 | 0.0    | 18    | 8.0   | 20.0  | 0.0   | 0.00   | 0.00 |
| Weighted Daily Average      |             |     | 382     | 15 | 341 | 5.03 | 1.63 | 422.5 | 555 | 189.65 | 34    | 15.07 | 64.25 | 9.48  | 2.50   | 0.00 |
| % of Calories               |             |     |         |    |     |      |      |       |     |        | 35.8% | 15.8% | 67.2% | 22.3% | 5.9%   | 0.0% |
| Nutrient Guideline          |             |     | 350-500 |    | 540 |      |      |       |     |        |       |       |       |       | <10.00 |      |

|                             |        |      |         |    |     |      |      |       |     |      |       |       |       |       |        |       |
|-----------------------------|--------|------|---------|----|-----|------|------|-------|-----|------|-------|-------|-------|-------|--------|-------|
| Wed - 03/22/2023            |        |      |         |    |     |      |      |       |     |      |       |       |       |       |        |       |
| EL Classroom Breakfast #2   | Total  | 4950 |         |    |     |      |      |       |     |      |       |       |       |       |        |       |
| Bar, Benefit Apple Cinn '22 | 1 EACH | 4950 | 290     | 15 | 240 | 3.00 | 1.80 | 20.0  | 0   | 0.0  | 22    | 5.0   | 48.0  | 9.0   | 3.00   | 0.00  |
| BANANAS                     | 1 EACH | 225  | 90      | 0  | 1   | 2.63 | 0.26 | 5.1   | 65  | 8.79 | 12    | 1.1   | 23.07 | 0.33  | 0.11   | *N/A* |
| BANANAS                     | 1 EACH | 4950 | 90      | 0  | 1   | 2.63 | 0.26 | 5.1   | 65  | 8.79 | 12    | 1.1   | 23.07 | 0.33  | 0.11   | *N/A* |
| MILK,1% HOLLANDIA 2017      | 1 EACH | 300  | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4  | 14    | 11.0  | 16.0  | 2.5   | 1.50   | 0.00  |
| MILK,NF Chocolate HOLL.2017 | 1 EACH | 4650 | 110     | 2  | 135 | 0.00 | 0.72 | 250.0 | 500 | 0.0  | 18    | 8.0   | 20.0  | 0.0   | 0.00   | 0.00  |
| Weighted Daily Average      |        |      | 495     | 18 | 377 | 5.75 | 2.75 | 281.3 | 568 | 9.33 | 53    | 14.33 | 91.87 | 9.50  | 3.21   | *0.00 |
| % of Calories               |        |      |         |    |     |      |      |       |     |      | 42.6% | 11.6% | 74.3% | 17.3% | 5.8%   | *0.0% |
| Nutrient Guideline          |        |      | 350-500 |    | 540 |      |      |       |     |      |       |       |       |       | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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|                               | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calc<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | T-Fat<br>(g) | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|-------------------------------|-----------------|--------------|----------------|----------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|--------------|-------------|--------------|--------------|----------------------------|
| Thu - 03/23/2023              |                 |              |                |                |              |              |              |              |               |               |               |              |             |              |              |                            |
| EL Classroom Breakfast #2     | Total           | 100          |                |                |              |              |              |              |               |               |               |              |             |              |              |                            |
| Pancakes, Confetti Bites 2022 | pkg             | 100          | 210            | 10             | 210          | 4.00         | 3.60         | 20.0         | 1000          | 0.0           | 11            | 4.0          | 36.0        | 7.0          | 1.00         | 0.00                       |
| GRAPES, Fresh                 | serving         | 1            | 62             | 0              | 2            | 0.83         | 0.27         | 12.9         | 92            | 3.68          | 15            | 0.58         | 15.78       | 0.32         | 0.10         | *N/A*                      |
| GRAPES, Fresh                 | serving         | 100          | 62             | 0              | 2            | 0.83         | 0.27         | 12.9         | 92            | 3.68          | 15            | 0.58         | 15.78       | 0.32         | 0.10         | *N/A*                      |
| MILK, 1% HOLLANDIA 2017       | 1 EACH          | 100          | 120            | 15             | 150          | 0.00         | 0.00         | 350.0        | 500           | 2.4           | 14            | 11.0         | 16.0        | 2.5          | 1.50         | 0.00                       |
| MILK, NF Chocolate HOLL. 2017 | 1 EACH          | 1            | 110            | 2              | 135          | 0.00         | 0.72         | 250.0        | 500           | 0.0           | 18            | 8.0          | 20.0        | 0.0          | 0.00         | 0.00                       |
| Weighted Daily Average        |                 |              | 393            | 25             | 363          | 4.84         | 3.88         | 385.5        | 1598          | 6.12          | 40            | 15.67        | 68.14       | 9.82         | 2.60         | *0.00                      |
| % of Calories                 |                 |              |                |                |              |              |              |              |               |               | 41.0%         | 15.9%        | 69.3%       | 22.5%        | 6.0%         | *0.0%                      |
| Nutrient Guideline            |                 |              | 350-500        |                | 540          |              |              |              |               |               |               |              |             |              | <10.00       |                            |

|                                  |                |      |         |    |     |      |      |       |      |       |       |       |        |      |        |      |
|----------------------------------|----------------|------|---------|----|-----|------|------|-------|------|-------|-------|-------|--------|------|--------|------|
| Fri - 03/24/2023                 |                |      |         |    |     |      |      |       |      |       |       |       |        |      |        |      |
| EL Classroom Breakfast #2        | Total          | 4950 |         |    |     |      |      |       |      |       |       |       |        |      |        |      |
| POP TARTS, Wh.Gr Strawberry-2013 | PKG. of (2 ea) | 4950 | 360     | 0  | 360 | 6.00 | 3.60 | 200.0 | 1000 | 0.0   | 30    | 4.0   | 75.0   | 4.5  | 2.00   | 0.00 |
| Juice, Orange, 4oz. Hollan-2018  | CARTONS        | 225  | 60      | 0  | 10  | 0.00 | 0.00 | 0.0   | 0    | 30.0  | 12    | 1.0   | 14.0   | 0.0  | 0.00   | 0.00 |
| Juice, Orange, 4oz. Hollan-2018  | CARTONS        | 4950 | 60      | 0  | 10  | 0.00 | 0.00 | 0.0   | 0    | 30.0  | 12    | 1.0   | 14.0   | 0.0  | 0.00   | 0.00 |
| MILK, 1% HOLLANDIA 2017          | 1 EACH         | 300  | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500  | 2.4   | 14    | 11.0  | 16.0   | 2.5  | 1.50   | 0.00 |
| MILK, NF Chocolate HOLL. 2017    | 1 EACH         | 4650 | 110     | 2  | 135 | 0.00 | 0.72 | 250.0 | 500  | 0.0   | 18    | 8.0   | 20.0   | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average           |                |      | 533     | 3  | 506 | 6.00 | 4.28 | 456.1 | 1500 | 31.51 | 60    | 13.23 | 109.39 | 4.65 | 2.09   | 0.00 |
| % of Calories                    |                |      |         |    |     |      |      |       |      |       | 45.2% | 9.9%  | 82.0%  | 7.8% | 3.5%   | 0.0% |
| Nutrient Guideline               |                |      | 350-500 |    | 540 |      |      |       |      |       |       |       |        |      | <10.00 |      |

|                  |  |  |     |    |     |      |      |       |     |       |       |       |       |       |      |       |
|------------------|--|--|-----|----|-----|------|------|-------|-----|-------|-------|-------|-------|-------|------|-------|
| Weighted Average |  |  | 465 | 15 | 386 | 5.42 | 2.86 | 392.8 | 945 | 47.83 | 50    | 14.68 | 87.24 | 8.76  | 2.59 | *0.00 |
|                  |  |  |     |    |     |      |      |       |     |       | 97.8% | 12.6% | 75.1% | 17.0% | 5.0% | *0.0% |

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# Rialto Unified School District

Mar 20, 2023 thru Mar 24, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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| Nutrient                   | Menu AVG | Portion Size<br>% of Cals | Reimb Qty<br>Weekly Target | Cals (kcal)<br>% of Target | Cholst (mg) | Sodm (mg)<br>Miss Data | Fiber (g)<br>Shortfall | Iron (mg)<br>Overage | Calcium (mg) | Vit-A (IU)<br>Error Messages (If any) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|----------------------------|----------|---------------------------|----------------------------|----------------------------|-------------|------------------------|------------------------|----------------------|--------------|---------------------------------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Calories                   | 465      |                           | 350 - 500                  | 100%                       |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Cholesterol (mg)           | 15       |                           |                            |                            |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Sodium (mg)                | 386      |                           |                            | 540                        |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Fiber (g)                  | 5.42     |                           |                            |                            |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Iron (mg)                  | 2.86     |                           |                            |                            |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Calcium (mg)               | 392.8    |                           |                            |                            |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Vitamin A (IU)             | 945      |                           |                            |                            |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Sugars (g)                 | 50       | 43.48%                    |                            |                            |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Vitamin C (mg)             | 47.83    |                           |                            |                            |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Protein (g)                | 14.68    | 12.64%                    |                            |                            |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Carbohydrate (g)           | 87.24    | 75.12%                    |                            |                            |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Total Fat (g)              | 8.76     | 16.97%                    |                            |                            |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Saturated Fat (g)          | 2.59     | 5.02%                     |                            | <10.00%                    |             |                        |                        |                      |              |                                       |            |            |           |          |           |           |                         |
| Trans Fat <sup>1</sup> (g) | 0.00     | 0.00%                     |                            |                            |             | Missing                |                        |                      |              |                                       |            |            |           |          |           |           |                         |

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# Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

## Base Menu Spreadsheet

EL Classroom Breakfast #2

## Portion Values - Detailed

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|                               | Portion<br>Size | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calc<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | T-Fat<br>(g) | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|-------------------------------|-----------------|--------------|----------------|----------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|--------------|-------------|--------------|--------------|----------------------------|
| Mon - 03/27/2023              |                 |              |                |                |              |              |              |              |               |               |               |              |             |              |              |                            |
| EL Classroom Breakfast #2     | Total           | 4950         |                |                |              |              |              |              |               |               |               |              |             |              |              |                            |
| BURRITO, Brkft. Bn&Ch-Wh-Gr-2 | 1 EACH          | 4950         | 177            | 20             | 264          | 3.90         | 0.76         | 186.3        | 168           | 0.0           | 0             | 9.92         | 18.12       | 7.3          | 3.54         | 0.00                       |
| 017                           |                 |              |                |                |              |              |              |              |               |               |               |              |             |              |              |                            |
| Crisps, Apple-Strawberry '22  | BAG             | 225          | 39             | 0              | 0            | 1.93         | 0.00         | 0.0          | 0             | 0.0           | 7             | 0.0          | 9.64        | 0.0          | 0.00         | 0.00                       |
| Crisps, Apple-Strawberry '22  | BAG             | 4950         | 39             | 0              | 0            | 1.93         | 0.00         | 0.0          | 0             | 0.0           | 7             | 0.0          | 9.64        | 0.0          | 0.00         | 0.00                       |
| MILK, 1% HOLLANDIA 2017       | 1 EACH          | 300          | 120            | 15             | 150          | 0.00         | 0.00         | 350.0        | 500           | 2.4           | 14            | 11.0         | 16.0        | 2.5          | 1.50         | 0.00                       |
| MILK, NF Chocolate HOLL. 2017 | 1 EACH          | 4650         | 110            | 2              | 135          | 0.00         | 0.72         | 250.0        | 500           | 0.0           | 18            | 8.0          | 20.0        | 0.0          | 0.00         | 0.00                       |
| Weighted Daily Average        |                 |              | 328            | 23             | 400          | 5.92         | 1.44         | 442.4        | 668           | 0.15          | 25            | 18.10        | 47.95       | 7.45         | 3.63         | 0.00                       |
| % of Calories                 |                 |              |                |                |              |              |              |              |               |               | 30.5%         | 22.1%        | 58.5%       | 20.4%        | 10.0%        | 0.0%                       |
| Nutrient Guideline            |                 |              | 350-500        |                | 540          |              |              |              |               |               |               |              |             |              | <10.00       |                            |

|                               |         |     |         |    |     |      |      |       |      |       |       |       |       |       |        |       |
|-------------------------------|---------|-----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|-------|--------|-------|
| Tue - 03/28/2023              |         |     |         |    |     |      |      |       |      |       |       |       |       |       |        |       |
| EL Classroom Breakfast #2     | Total   | 100 |         |    |     |      |      |       |      |       |       |       |       |       |        |       |
| Donut, Super Bakery '22       | 1 EACH  | 100 | 250     | 5  | 250 | 0.50 | 5.40 | 200.0 | 2000 | 30.0  | 15    | 5.0   | 29.0  | 11.0  | 3.00   | 0.00  |
| GRAPES, Fresh                 | serving | 1   | 62      | 0  | 2   | 0.83 | 0.27 | 12.9  | 92   | 3.68  | 15    | 0.58  | 15.78 | 0.32  | 0.10   | *N/A* |
| GRAPES, Fresh                 | serving | 100 | 62      | 0  | 2   | 0.83 | 0.27 | 12.9  | 92   | 3.68  | 15    | 0.58  | 15.78 | 0.32  | 0.10   | *N/A* |
| MILK, 1% HOLLANDIA 2017       | 1 EACH  | 100 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500  | 2.4   | 14    | 11.0  | 16.0  | 2.5   | 1.50   | 0.00  |
| MILK, NF Chocolate HOLL. 2017 | 1 EACH  | 1   | 110     | 2  | 135 | 0.00 | 0.72 | 250.0 | 500  | 0.0   | 18    | 8.0   | 20.0  | 0.0   | 0.00   | 0.00  |
| Weighted Daily Average        |         |     | 433     | 20 | 403 | 1.34 | 5.68 | 565.5 | 2598 | 36.12 | 44    | 16.67 | 61.14 | 13.82 | 4.60   | *0.00 |
| % of Calories                 |         |     |         |    |     |      |      |       |      |       | 40.9% | 15.4% | 56.4% | 28.7% | 9.6%   | *0.0% |
| Nutrient Guideline            |         |     | 350-500 |    | 540 |      |      |       |      |       |       |       |       |       | <10.00 |       |

|                               |             |     |         |    |     |      |      |       |     |        |       |       |       |       |        |      |
|-------------------------------|-------------|-----|---------|----|-----|------|------|-------|-----|--------|-------|-------|-------|-------|--------|------|
| Wed - 03/29/2023              |             |     |         |    |     |      |      |       |     |        |       |       |       |       |        |      |
| EL Classroom Breakfast #2     | Total       | 100 |         |    |     |      |      |       |     |        |       |       |       |       |        |      |
| Sndwich Chx & Sausage 2020    | serving     | 100 | 159     | 26 | 312 | 1.40 | 1.10 | 110.0 | 110 | 0.0    | 2     | 9.7   | 16.0  | 6.4   | 2.60   | 0.00 |
| APPLES, Fresh sliced 2017     | pkg. (3 oz) | 1   | 51      | 0  | 0   | 3.00 | 0.18 | 10.0  | 50  | 185.4  | 9     | 0.0   | 12.0  | 0.0   | 0.00   | 0.00 |
| APPLES, Fresh sliced 2017     | pkg. (3 oz) | 100 | 51      | 0  | 0   | 3.00 | 0.18 | 10.0  | 50  | 185.4  | 9     | 0.0   | 12.0  | 0.0   | 0.00   | 0.00 |
| MILK, 1% HOLLANDIA 2017       | 1 EACH      | 100 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4    | 14    | 11.0  | 16.0  | 2.5   | 1.50   | 0.00 |
| MILK, NF Chocolate HOLL. 2017 | 1 EACH      | 1   | 110     | 2  | 135 | 0.00 | 0.72 | 250.0 | 500 | 0.0    | 18    | 8.0   | 20.0  | 0.0   | 0.00   | 0.00 |
| Weighted Daily Average        |             |     | 332     | 41 | 463 | 4.43 | 1.29 | 472.6 | 665 | 189.65 | 25    | 20.78 | 44.32 | 8.90  | 4.10   | 0.00 |
| % of Calories                 |             |     |         |    |     |      |      |       |     |        | 30.2% | 25.1% | 53.5% | 24.2% | 11.1%  | 0.0% |
| Nutrient Guideline            |             |     | 350-500 |    | 540 |      |      |       |     |        |       |       |       |       | <10.00 |      |

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# Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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|                             | Portion<br>Size | Relmb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calc<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | T-Fat<br>(g) | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|-----------------------------|-----------------|--------------|----------------|----------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|--------------|-------------|--------------|--------------|----------------------------|
| Thu - 03/30/2023            |                 |              |                |                |              |              |              |              |               |               |               |              |             |              |              |                            |
| EL Classroom Breakfast #2   | Total           | 4950         |                |                |              |              |              |              |               |               |               |              |             |              |              |                            |
| DOUBLE CHOC. BAR- 2017      | 1 EACH          | 4950         | 270            | 0              | 230          | 5.00         | 2.70         | 20.0         | 105           | 0.0           | 21            | 5.0          | 48.0        | 8.0          | 2.50         | 0.00                       |
| BANANAS                     | 1 EACH          | 225          | 90             | 0              | 1            | 2.63         | 0.26         | 5.1          | 65            | 8.79          | 12            | 1.1          | 23.07       | 0.33         | 0.11         | *N/A*                      |
| BANANAS                     | 1 EACH          | 4950         | 90             | 0              | 1            | 2.63         | 0.26         | 5.1          | 65            | 8.79          | 12            | 1.1          | 23.07       | 0.33         | 0.11         | *N/A*                      |
| MILK,1% HOLLANDIA 2017      | 1 EACH          | 300          | 120            | 15             | 150          | 0.00         | 0.00         | 350.0        | 500           | 2.4           | 14            | 11.0         | 16.0        | 2.5          | 1.50         | 0.00                       |
| MILK,NF Chocolate HOLL.2017 | 1 EACH          | 4650         | 110            | 2              | 135          | 0.00         | 0.72         | 250.0        | 500           | 0.0           | 18            | 8.0          | 20.0        | 0.0          | 0.00         | 0.00                       |
| Weighted Daily Average      |                 |              | 475            | 3              | 367          | 7.75         | 3.65         | 281.3        | 673           | 9.33          | 52            | 14.33        | 91.87       | 8.50         | 2.71         | *0.00                      |
| % of Calories               |                 |              |                |                |              |              |              |              |               |               | 43.6%         | 12.1%        | 77.4%       | 16.1%        | 5.1%         | *0.0%                      |
| Nutrient Guideline          |                 |              | 350-500        |                | 540          |              |              |              |               |               |               |              |             |              | <10.00       |                            |

|                                |         |      |         |    |     |      |      |       |     |       |       |       |       |       |        |      |
|--------------------------------|---------|------|---------|----|-----|------|------|-------|-----|-------|-------|-------|-------|-------|--------|------|
| Fri - 03/31/2023               |         |      |         |    |     |      |      |       |     |       |       |       |       |       |        |      |
| EL Classroom Breakfast #2      | Total   | 4950 |         |    |     |      |      |       |     |       |       |       |       |       |        |      |
| Muffins, Banana-Elements 2017  | 1 ea    | 4950 | 400     | 75 | 370 | 2.00 | 0.36 | 0.0   | 100 | 0.0   | 25    | 5.0   | 46.0  | 23.0  | 3.00   | 0.00 |
| Juice, Orange,4oz. Hollan-2018 | CARTONS | 225  | 60      | 0  | 10  | 0.00 | 0.00 | 0.0   | 0   | 30.0  | 12    | 1.0   | 14.0  | 0.0   | 0.00   | 0.00 |
| Juice, Orange,4oz. Hollan-2018 | CARTONS | 4950 | 60      | 0  | 10  | 0.00 | 0.00 | 0.0   | 0   | 30.0  | 12    | 1.0   | 14.0  | 0.0   | 0.00   | 0.00 |
| MILK,1% HOLLANDIA 2017         | 1 EACH  | 300  | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4   | 14    | 11.0  | 16.0  | 2.5   | 1.50   | 0.00 |
| MILK,NF Chocolate HOLL.2017    | 1 EACH  | 4650 | 110     | 2  | 135 | 0.00 | 0.72 | 250.0 | 500 | 0.0   | 18    | 8.0   | 20.0  | 0.0   | 0.00   | 0.00 |
| Weighted Daily Average         |         |      | 573     | 78 | 516 | 2.00 | 1.03 | 256.1 | 600 | 31.51 | 55    | 14.23 | 80.39 | 23.15 | 3.09   | 0.00 |
| % of Calories                  |         |      |         |    |     |      |      |       |     |       | 38.6% | 9.9%  | 56.1% | 36.3% | 4.9%   | 0.0% |
| Nutrient Guideline             |         |      | 350-500 |    | 540 |      |      |       |     |       |       |       |       |       | <10.00 |      |

|                  |  |  |     |    |     |      |      |       |      |       |       |       |       |       |      |       |
|------------------|--|--|-----|----|-----|------|------|-------|------|-------|-------|-------|-------|-------|------|-------|
| Weighted Average |  |  | 428 | 33 | 430 | 4.29 | 2.62 | 403.6 | 1041 | 53.35 | 40    | 16.82 | 65.14 | 12.37 | 3.63 | *0.00 |
|                  |  |  |     |    |     |      |      |       |      |       | 84.6% | 15.7% | 60.8% | 26.0% | 7.6% | *0.0% |

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# Rialto Unified School District

Mar 27, 2023 thru Mar 31, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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| Nutrient                   | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|----------------------------|----------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Calories                   | 428      |              | 350 - 500 |             | 100%        |           |           |           |           |            |            |            |           |          |           |           |                         |
| Cholesterol (mg)           | 33       |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Sodium (mg)                | 430      |              |           | 540         |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Fiber (g)                  | 4.29     |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Iron (mg)                  | 2.62     |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Calcium (mg)               | 403.6    |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Vitamin A (IU)             | 1041     |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Sugars (g)                 | 40       | 37.62%       |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Vitamin C (mg)             | 53.35    |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Protein (g)                | 16.82    | 15.71%       |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Carbohydrate (g)           | 65.14    | 60.85%       |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Total Fat (g)              | 12.37    | 25.99%       |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Saturated Fat (g)          | 3.63     | 7.62%        |           | <10.00%     |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Trans Fat <sup>1</sup> (g) | 0.00     | 0.00%        |           |             |             | Missing   |           |           |           |            |            |            |           |          |           |           |                         |

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